

# MELROSE NATIONAL LITTLE LEAGUE



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### RULES AND REGULATIONS

#### Pitch Count Rules

AGE	MAXIMUM PITCHES
7 and 8 Year Olds	50 Pitches/Game
9 and 10 Year Olds	75 Pitches/Game
11 and 12 Year Olds	85 Pitches/Game

**NOTE:** If a pitcher reaches their limit during an at-bat then the pitcher may continue until:

- 1) The batter reaches base OR
- 2) Batter is put out.

#### Rules For Days of Rest

66+ Pitches	4 Calendar days of rest.
51-65 Pitches	3 Calendar days of rest.
36-50 Pitches	2 Calendar days of rest.
21-35 Pitches	1 Calendar day of rest.
1-20 Pitches	0 Calendar days of rest.

#### Rules for Catchers

- 1) If a **player** catches more than 3 innings (i.e. catches at least one pitch in the 4<sup>th</sup> inning) then that player may not pitch in that game.
- 2) If a **pitcher** throws 41 or more pitches then that player may not catch in that game.

